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WHAT EVERY PARENT SHOULD KNOW *About SAT Prep Before The Fall*

Every fall, we talk to families who wish they had started SAT prep sooner. Not because their student isn't capable, but because they didn't realize how much time it takes to build the skills the test measures. We started Capitol Teachers because we saw that gap firsthand, and we want to help families in this community get ahead of it.

We are both former DC Public School teachers with 17 years of classroom experience each, and SAT preparation is one of the areas we feel most strongly about. The test has changed significantly in recent years. The SAT is now fully digital, administered through the College Board's Bluebook platform, and the format, pacing, and question style are quite different from what many parents remember. Students who walk in without familiarity with the digital format are at a real disadvantage before they answer a single question.

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Here is what we have found works: start with a real diagnostic. Before any instruction begins, we administer a full-length, proctored practice test so we know exactly where a student stands. From there, we build a personalized learning plan that targets the specific skills holding that student back, whether that is reading comprehension, algebra, data analysis, or test pacing. Our tutors are certified, experienced teachers, and each student is matched with both an ELA specialist and a math specialist who work together around a shared plan.

A typical program runs about eight weeks, with roughly two hours of instruction per week plus a customized homework plan in between sessions. For families who want the energy of a group setting, we also offer small virtual SAT prep classes capped at four students, so every student still gets meaningful individual attention.

We have watched this approach make a real difference. One family told us that after just a few sessions, their daughter's stress around the test dropped noticeably and her confidence grew in ways that extended well beyond test prep. Another parent shared that her high schooler improved enough that she recommended Capitol Teachers to her own classmates, which, as any parent of a teenager knows, is about the highest endorsement you can get.

If your child is planning to take the SAT this fall or in the winter, now is the right time to get started. We are happy to schedule a free consultation, talk through the right timeline for your student, and answer any questions you have. You can reach us at capitolteachers.com or at 202.288.1900.